Family Safety Activity Book
for kids ages 5 to 8
Home Safety

Circle the things that are safe for kids. Draw an X on the things that are not safe for kids.
Play Safety: Fill in the Blank

Fill in the blanks using the word bank to learn how to stay safe while you play.

1. Wait for an _____ before you play in or near water.

2. Learn how to _____ before going to the pool or the beach.

3. Wear a _____ when riding bikes, skates, skateboards and scooters.

4. It is not safe to play behind ___.

5. Stop, look __________, and left again before crossing the street.

6. ________ up every ride, every time.

- cars
- swim
- adult
- buckle
- helmet
- left, right
Fire Safety: How to Make an Escape Plan

1. On the next page, draw a fire escape plan that shows two ways out of every room.

2. Label doors, windows and smoke alarms. Remind adults to test smoke alarms every month to make sure they are working.

3. Choose a meeting place for your family that is a safe distance away from your home.

4. Use your fire escape plan to practice a home fire drill with your family, once during the day and once at night.

5. Make it a goal for everyone to exit the home in less than 2 minutes.
Our Fire Escape Plan
Spot the Differences: What Is Safe?

Circle the 6 things that are safe.
Spot the Differences: What Is Not Safe?

Draw an X over the 6 things that are not safe.
Get to School Safely Maze

Can you find your way through the maze to get to school safely?

- Buckle up every ride, every time.
- Watch for cars when the traffic light changes. Make eye contact with drivers before crossing.
- Be safe! Cross the street at the crosswalk.
- Stop! Look left, right and left again before crossing the street.
- Heads Up, Devices Down.
- When you wait for the bus, stand three giant steps away from the curb.
- Wear a properly fitted helmet on every ride.
Buckle up every ride, every time.
Word Search

Circle the words you find from the list below. Words may appear horizontally, vertically, diagonally and may be spelled forward or backward.

BIKE
CROSSWALK
FAMILY
FIRE DRILL
HELMET

KIDS
LIFE JACKET
PEDESTRIAN
POOL
SAFETY

SCOOTER
SEAT BELT
SMOKE ALARM
SWIMMING
TOYS

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Answers

1. Wait for an **adult** before you play in or near water.
2. Learn how to **swim** before going to the pool or the beach.
3. Wear a **helmet** when riding bikes, skates, skateboards and scooters.
4. It is not safe to play behind **cars**.
5. Stop, look **left, right** and left again before crossing the street.
6. **Buckle** up every ride, every time.

SAFE:
- Children are playing in the yard, away from cars.
- A child is playing in the pool with an adult watching.
- Kids are riding their scooter and skateboard on the sidewalk.
- Kids and adults are buckled up while riding in a car.
- Teens are waiting at the crosswalk and looking both ways before crossing the street.
- Teens are wearing helmets when riding bikes.

UNSAFE:
- Children are playing behind a parked car.
- A child is playing in the pool alone and the adult is looking at her phone.
- A kid is riding her skateboard in the street.
- Children are not buckled up while riding in a car.
- A teen is distracted and looking at her phone while crossing the street.
- A teen is not wearing a helmet when riding his bike.

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**Note:**
- Diagrams and images may contain visual elements to illustrate safety and play scenarios.
- Textual content is designed to reinforce safety messages through visual aids.
For Families

Emergency Contact Information
Police, Fire Department or Ambulance: 9-1-1
Poison Help Number: 1-800-222-1222
Doctor: ______________________________
Family Member: _______________________
Family Member: _______________________
Friend/Neighbor: _______________________

Helpful Resources

Safe Kids Worldwide
For tips on how to keep kids safe and to find a local coalition near you, visit www.safekids.org.

Safe Kids Ultimate Car Seat Guide
Visit www.safekids.org/guide for tips and videos on how to install car seats and booster seats.

Safe Kids Law Tracker
To find child safety laws in each state, visit www.safekids.org/state-law-tracker.

American Red Cross
To sign up for classes on first aid, CPR, swimming or water safety, visit www.redcross.org/take-a-class.

Over-the-Counter Medicine Safety
Visit ymiclassroom.com/lesson-plans/otcmedsafety for resources on how to teach older kids about medicine safety.